



Directory

Canyon County Office (208) 455-5300
13307 Miami Lane (near the corner of Karcher Rd. [Highway 55] and Florida Rd.)

Environmental Health 455-5400
Family Health 455-5345
Family Planning 455-5345
General Support 455-5300
Nutrition and Health Promotions. . . 455-5343
Public Health Preparedness. 455-5377
WIC/Nutrition 455-5330

Council (WIC) call Payette office 642-9321

Farmway Village (WIC),
Grand View (WIC), and
Wilder (WIC)
call Canyon County WIC 455-5330

Homedale Office (WIC) 337-4931
24 W. Idaho Avenue

Emmett Office 365-6371
1008 E. Locust

Payette Office 642-9321
1155 3rd Avenue N.

Weiser Office 549-2370
46 West Court Street

***Bilingual staff is available.
If you are unable to reach a phone
number listed above, please call:
208-455-5300.***



**Providing
public health
services for
Southwest
Idaho
since
1971**



Services Guide

www.swdh.org

Southwest District Health

Everything we do is about health . . .

Healthy People in Healthy Communities



We work to fulfill our mission:

- To Prevent disease, disability and premature death;***
- To Promote healthy lifestyles, and***
- To Protect the health and quality of the environment.***

As an essential community partner, SWDH strives to ensure a better quality of life for the residents of Southwest Idaho in Adams, Canyon, Gem, Owyhee, Payette, and Washington Counties.

If you have eaten in a restaurant, purchased food at the grocery store, participated in a “mock” disaster exercise, applied for a septic system permit, attended a public festival, received vaccinations, cooled off in a community pool, or enrolled in a tobacco cessation program, you have likely benefited from services provided by your local health district.

However, if you are like most people, you may not know what the words “public health” really mean, or the important role public health plays. While we do serve the needs of low-income families, we also provide many other services to our citizens. We have prepared this brochure so you, the citizens of Southwest Idaho, will know exactly what programs and services Southwest District Health provides.



Southwest District Health (SWDH) provides a broad array of services aimed at promoting and protecting the health and environment of Southwest Idaho residents. Reviewing the services offered, you'll realize the role SWDH plays in keeping you, your family, and your community safe and healthy.

Adolescent Pregnancy Prevention:

Provides education and technical assistance at school sites on adolescent sexual health and how to help adolescents avoid risky types of behavior utilizing the "Reducing the Risk" curriculum. Contact: 455-5321

Breast & Cervical Cancer Prevention:

Strives to identify women at risk for breast and cervical cancer through early detection and clinical services. Contact: 365-6371

Breast Feeding Education and Support:

Lactation consultants and peer counselors lead a bi-weekly breast feeding support group to provide education, promotion, and support for prenatal and post partum women. Contact: 455-5333

Colon Cancer Prevention: Promotes colon cancer prevention awareness and provides education on screening options. Contact: 455-5321

Communicable Disease: Investigates reportable diseases and implements measures to prevent the spread of disease. Healthcare providers, labs, and hospitals report communicable diseases via a dedicated, confidential reporting line. Contact: 455-5445 Reporting Line: 455-5442

Daycare Facilities: Provides health and safety inspections in daycare facilities. Inspectors verify immunization records and check for environmental hazards at each facility. Contact: 455-5400

Dental Health: Provides dental hygiene services such as teeth cleaning, sealants, fluoride treatments, and education for the uninsured and Medicaid-enrolled children. Contact: 455-5345

Diabetes Education and Prevention:

Seeks to reduce the burden of diabetes through strategies that focus on community interventions and health education. Contact: 455-5321

District Care: Clinical services are available at affordable rates for school/work/sports physicals; skin conditions; minor lesions; breast conditions and concerns; minor abrasions, contusions, or strains; mild upper respiratory conditions; ear, nose, and throat illnesses; mild gastrointestinal conditions; and urinary tract infections. Contact: 455-5345

Epidemiology: Works with communicable disease data to determine the distribution, incidence, and cause of communicable diseases within the health district. Contact: 455-5445 Reporting Line: 455-5442

Family Planning: Provides individuals with comprehensive family planning and related preventive health services. Services may include physical exams; counseling; pap smears; contraceptives; natural family planning; STD testing and treatment; community education; and referrals. Contact: 455-5345

Fit and Fall Proof™: A group activity program designed for older adults who want to improve their health and reduce their risk of falling with fall prevention exercises. Classes focus on increasing strength, mobility, and balance for participants and are offered FREE of charge at a variety of community locations. Contact: 455-5321

Food Protection Program: Regulates and inspects food establishments, vendors, and food processing establishments to ensure safety and sanitation. Contact: 455-5400

Immunizations: Promotes the complete and timely vaccination of children and adults to prevent the occurrence of vaccine-preventable diseases. Contact: 455-5345

Land Development: Monitors, evaluates, and enforces regulations on land under development in Southwest Idaho. Contact 455-5400

Landfills/Solid Waste: Inspect landfills and other solid waste facilities to provide protection of human health and the environment through education, compliance, inspection, enforcement, monitoring, and remedial action. Contact: 455-5400

Medical Reserve Corps (MRC): Local volunteer ambassadors who assist public health efforts during a major disease outbreak, natural disaster, or an act of terrorism. Members also volunteer throughout the year to promote community public health and education. Contact: 455-5324

Mortgage Surveys: Water and sewage inspections are provided for individuals interested in purchasing or selling a house. Contact: 455-5400

Physical Activity and Nutrition: Guides Idahoans in living a healthier life through promotion of the benefits of physical activity and good food choices in schools and within the community. Contact: 455-5321

Public Health Preparedness: Supports local response organizations such as law enforcement, fire, emergency medical services, and healthcare facilities to plan, train, and prepare for disease outbreaks, natural disasters, and acts of terrorism that require a community response. Contact: 455-5377

Public Swimming Pools: Inspect public swimming pools for health and safety, water quality, and general operations. Contact: 455-5400

Public Water Supply: Monitors and provides guidance to owners of small public drinking water systems to maintain safe drinking water. Contact: 455-5400

Sewage Disposal: Ensures septic tanks and other on-site sewage disposal systems are properly permitted, installed, and operating correctly to prevent the spread of disease and to protect the environment. Contact: 455-5400

Skin Cancer Prevention: Provides education about sun safety and skin cancer prevention for all ages, including the "No Sun for Babies" program and the dangers of artificial tanning and sun exposure. Contact: 455-5321

STD/HIV/AIDS Prevention: Aims to reduce and prevent sexually transmitted diseases (STDs) with trained, caring, and experienced staff. Contact: 455-5345

Tobacco Cessation: Provides free classes to help individuals stop smoking or chewing tobacco, with a primary focus on youth and pregnant women. Contact: 455-5321

Tobacco Use Prevention: Educates and promotes tobacco-free lifestyles and environments with the goal of reducing tobacco-related disease, disability, and death. Contact: 455-5321

Vector and Rodent Control: Provides guidance in controlling vectors and rodent infestations to prevent the spread of disease. Contact: 455-5400

Women, Infants and Children Program (WIC): Provides nutrition education and access to nutritious foods for qualifying pregnant and postpartum women and children from birth to age five. In addition, breast feeding education and support is offered to WIC participants. Contact: 455-5333

